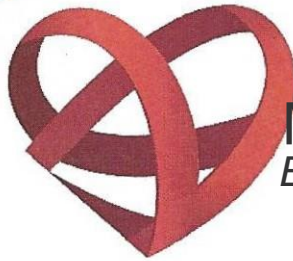


Cardiac Rehabilitation



Mended Hearts
Education and Support Group

"It's More than Just Exercise"

**Christina Fleming & Craig Dennison From
the U of R Cardiac Rehab Center**

**Monday, Sept. 18, 2017 - Meet and Greet 7:00pm
Meeting to start 7:15, Speaker 7:30
WCC 70 Barrett Drive, Webster, NY**

***Christina, a Registered Nurse, brings her 20 years
of Cardio Rehab to share with us her many
experiences.***

***For 17 years, she worked at Strong in ICU, Cardio
Vascular and in the Cath Lab.***

***Craig Dennison, a Program Coordinator, brings
19 years and an extensive career in Physiology.
He has served as the fitness director at Kodak,
MCH "The Mooch" and then to the U of R
Pediatric Cardiology as the Exercise
Physiologist.***

Mended Hearts is the largest cardiovascular peer-to-peer support network in the world. Care-givers, heart patients, and loving family can benefit from diagnosis through recovery, peer-to-peer support, and partnerships.

Call 234-1538 for more information